



Heartland Community Schools

Framework for Addressing Protocols Due to Infectious Diseases

Return to School Plan

This framework of procedures and school safety measures are subject to change based upon consultations with our local health officials, Directed Health Measures, or advice from the Nebraska Department of Education. Students will only be excused from attendance in person if a medical professional makes that recommendation in writing based upon that student’s medical history.

In general:

Green	All students will attend school in person. Masks suggested, but not required.
Yellow	All students will attend school in person with heightened attention to disinfecting and social distancing. Correct wearing of masks required for staff and strongly encouraged for students.
Orange	All students will attend school in person, potentially with an alternate schedule and hybrid learning that involves online. Correct wearing of masks is required for students and staff.
Red	All buildings are closed and remote learning is implemented.

Risk Dial And Tiered Response			
The following factors will be considered for identification of the risk level within the school			
Green - DHM Phase IV Low Risk of Community Spread	Yellow - DHM Phase III Moderate Risk of Community Spread	Orange - DHM Phase II Elevated Risk of Community Spread	Red - DHM Phase I High Risk of Community Spread
<ul style="list-style-type: none"> • No confirmed active cases within the school • No Directed Health Measure (DHM) that limits capacity 	<ul style="list-style-type: none"> • Confirmed active case(s) in the school • Consultation with local Health Department • Directed Health Measures • Governor or Commissioner of Education Guidance 	<ul style="list-style-type: none"> • Several confirmed active case(s) in the school • Consultation with local Health Department • Directed Health Measures • Governor or Commissioner of Education Guidance 	<ul style="list-style-type: none"> • Confirmed case(s) in the school and/or community • Consultation with local Health Department • Directed Health Measures • Governor or Commissioner of Education Guidance

A confirmed case is that which is verified as a positive indication of the disease on a test by a medical professional.



School Day Protocols				
	Green Risk Level - Phase 4	Yellow Risk Level - Phase 3	Orange Risk Level - Phase 2	Red Risk Level - Phase 1
Academic Plan	<ul style="list-style-type: none"> Buildings Open Normal Operations 	<ul style="list-style-type: none"> Buildings Open Increased Social Distancing 	<ul style="list-style-type: none"> Buildings Open Varied Attendance Schedule 	<ul style="list-style-type: none"> Buildings Closed Remote learning for all
Student Attendance	<ul style="list-style-type: none"> In-person attendance for all grade levels Accommodations for online or at-home learning only with a time specified directive from a physician On-line learning will be at specific times in coordination with instruction at school 	<ul style="list-style-type: none"> In-person attendance for all grade levels Accommodations for online or at-home learning only with a time specified directive from a physician On-line learning will be at specific times in coordination with instruction at school 	<ul style="list-style-type: none"> In-person attendance for all grade levels, but perhaps on a hybrid schedule Accommodations for online or at-home learning only with a time specified directive from a physician On-line learning will be at specific times in coordination with instruction at school 	
Students' Start of Day	<ul style="list-style-type: none"> No earlier than 7:45 Students report to assigned area Movement around building is discouraged prior to opening bell 	<ul style="list-style-type: none"> No earlier than 7:45 PK-6 students go directly to classroom 7-12 students report to commons areas and are dismissed while following distancing protocols 	<ul style="list-style-type: none"> No earlier than 7:45 Students report at times and locations directed by administration 	
End of Day	<ul style="list-style-type: none"> Regular dismissal Parents wait for child outdoors 	<ul style="list-style-type: none"> Students leave building and grounds unless assigned to an activity or teacher Dismissal times may be staggered Parents wait for child outdoors 	<ul style="list-style-type: none"> Dismissal times will be staggered Students may be required to exit at various locations Parents wait for child outdoors 	
Facemasks	<ul style="list-style-type: none"> Masks encouraged, but not required, especially when social distancing is not possible 	<ul style="list-style-type: none"> Staff required to wear masks, correctly at all times Students strongly encouraged to wear masks 	<ul style="list-style-type: none"> Staff and students required to wear masks, correctly at all times 	
Temperature Checks	<ul style="list-style-type: none"> No Temperature Checks 	<ul style="list-style-type: none"> Temperature checks upon arrival 100.4 threshold Home for 24 hours with no fever without meds 	<ul style="list-style-type: none"> Temperature checks upon arrival and at lunch 100.4 threshold Home for 24 hours with no fever without meds 	



Classroom Seating/Materials	<ul style="list-style-type: none"> • Social distancing as possible • Encourage no sharing of materials • Regular cleaning with disinfecting of desks 	<ul style="list-style-type: none"> • Row seating and not face-to-face • No sharing of supplies or materials • PE equipment cleaned between sessions 	<ul style="list-style-type: none"> • Students limited to certain spaces • Increased sanitation • Some materials not allowed 	
Transportation	<ul style="list-style-type: none"> • Regular transportation schedule • Parents encouraged to check bussed students' temperature prior to boarding (100.4 is threshold to stay home) • Sit by family 	<ul style="list-style-type: none"> • Heightened sanitation of buses after every route • Social distance as much as possible and by family • Bus windows open to increase ventilation 	<ul style="list-style-type: none"> • Assigned seating • Possible required temperature checks prior to boarding • Possible suspension of bus use and pay parents to transport 	
Food Service	<ul style="list-style-type: none"> • Breakfast & lunch served as normal • Grad and Go breakfast as normal • No visitors at lunch 	<ul style="list-style-type: none"> • Breakfast & lunch served in lunchroom • Salad bar is served by staff • Heightened sanitation between groups • Increase social distancing • Lunch cards not collected • Grab and Go breakfast as normal • No visitors at lunch 	<ul style="list-style-type: none"> • Breakfast & lunch served in lunchroom • Grad and Go breakfast as normal • All yellow zone procedures in place plus: • All food is pre-apportioned, including salad bar items • Masks mandatory for kitchen staff • No visitors at lunch 	<ul style="list-style-type: none"> • Meals served by curbside pickup
Food/Snacks Into Building	<ul style="list-style-type: none"> • Pre-packaged snacks only • Student lunches delivered to office 	<ul style="list-style-type: none"> • Pre-packaged snacks only • Student lunches delivered to office 	<ul style="list-style-type: none"> • No outside food into building 	
Hand Washing & Respiratory Etiquette	<ul style="list-style-type: none"> • PK-6 wash and reminders three times per day • Announcements and signage to promote hand washing & proper respiratory etiquette 	<ul style="list-style-type: none"> • PK-6 three times per day • Announcements and signage to promote hand washing & proper respiratory etiquette 	<ul style="list-style-type: none"> • PK-6 three times per day • Announcements and signage to promote hand washing & proper respiratory etiquette 	
Hallways	<ul style="list-style-type: none"> • PK-6 normal movement with staff support for social distancing • 7-12 normal movement with staff in hallways to encourage social distancing 	<ul style="list-style-type: none"> • Scheduled transitions, such as split times or traffic directional flow 	<ul style="list-style-type: none"> • PK-6 all specialists come to classrooms • 7-12 Movement limited as much as possible • Restroom use prohibited during passing periods 	
Lockers	<ul style="list-style-type: none"> • Normal use 	<ul style="list-style-type: none"> • Limited and staggered use of lockers 	<ul style="list-style-type: none"> • Limited and staggered use of lockers 	



Restrooms	<ul style="list-style-type: none"> • Normal use 	<ul style="list-style-type: none"> • Use during passing periods discouraged 	<ul style="list-style-type: none"> • Use during passing times is prohibited 	
Water Fountains	<ul style="list-style-type: none"> • Normal use • Student encouraged to bring water bottles 	<ul style="list-style-type: none"> • Normal use • Student encouraged to bring water bottles 	<ul style="list-style-type: none"> • Water fountains are closed 	
Recess	<ul style="list-style-type: none"> • Recess continues as usual • Handwashing or hand sanitizer upon re-entry 	<ul style="list-style-type: none"> • Recess zones will be established • Schedules modified to limit playground to one grade level per area • Equipment will be sanitized daily • No shared equipment available 	<ul style="list-style-type: none"> • Recess zones will be established • Schedules modified to limit playground to one grade level per area • Equipment will be sanitized daily • No shared equipment available 	
Field Trips	<ul style="list-style-type: none"> • Field trips approved on case-by-case basis 	<ul style="list-style-type: none"> • No offsite field trips 	<ul style="list-style-type: none"> • No offsite field trips 	
Specials - Art, Music, PE, Library	<ul style="list-style-type: none"> • Students transition as normal 	<ul style="list-style-type: none"> • Some specialists come to classrooms 	<ul style="list-style-type: none"> • All specialists come to classrooms 	
Technology	<ul style="list-style-type: none"> • As normal 	<ul style="list-style-type: none"> • 1-to-1 devices home daily • More frequent sanitization of equipment per given procedures 	<ul style="list-style-type: none"> • 1-to-1 devices home daily • More frequent sanitization of equipment per given procedures 	<ul style="list-style-type: none"> • Technology used for online/remote learning
Activities in Grades 7-12	<ul style="list-style-type: none"> • Activities and athletics conducted as per NSAA guidelines 	<ul style="list-style-type: none"> • Activities and athletics conducted as per NSAA guidelines 	<ul style="list-style-type: none"> • Activities and athletics conducted as per NSAA guidelines 	<ul style="list-style-type: none"> • Activities and athletics conducted as per NSAA guidelines
Building Access by Parents, Outside Visitors, Volunteers, Vendors, etc.	<ul style="list-style-type: none"> • Extra emphasis on all visitors signing into building (name, time, location) • Masks required for visitors • No visitors at lunch 	<ul style="list-style-type: none"> • Visitors strongly discouraged and scheduled visits are encouraged • Temperature checks of all visitors • Masks are required of visitors • No visitors at lunch 	<ul style="list-style-type: none"> • No outside visitors 	



Student Illness at School	<ul style="list-style-type: none"> • Student will be placed in lobby and required to wear a mask • Parents should notify school upon arrival and student will meet parent outside • If symptomatic for COVID-19, no return for 48 hours without a physician's note 	<ul style="list-style-type: none"> • Student will be placed in lobby and required to wear a mask • Parents should notify school upon arrival and student will meet parent outside • If symptomatic for COVID-19, no return for 48 hours without a physician's note 	<ul style="list-style-type: none"> • Student will be placed in lobby and required to wear a mask • Parents should notify school upon arrival and student will meet parent outside • If symptomatic for COVID-19, no return for 48 hours without a physician's note 	
Custodial	<ul style="list-style-type: none"> • Daily routine cleaning procedures • Routine infectious disease protocols • Spray bottles of disinfectant 	<ul style="list-style-type: none"> • Daily routine cleaning procedures • Heightened disinfection of high touch surfaces 	<ul style="list-style-type: none"> • Daily routine cleaning procedures • Heightened disinfection of high touch surfaces • Mid-day disinfection of high touch surfaces • Building access limited beyond normal school day 	<ul style="list-style-type: none"> • Buildings are secured • Building access prohibited aside from assigned cleaning personnel
Staff Attendance	<ul style="list-style-type: none"> • As normal • Questions relative to absences directed to superintendent 	<ul style="list-style-type: none"> • Report as directed • Questions relative to absences directed to superintendent 	<ul style="list-style-type: none"> • Report as directed • Questions relative to absences directed to superintendent 	
Staff's Start of Day	<ul style="list-style-type: none"> • Report for duty as assigned 	<ul style="list-style-type: none"> • In room and ready to receive students by 7:45 • Staff assigned to commons areas 	<ul style="list-style-type: none"> • Teachers report at times and locations directed by administration 	

Important Reminders

<p>Green to Yellow</p> <ul style="list-style-type: none"> • Visit with children frequently about proper hand washing and hygiene, such as covering coughs and not touching their face. • If your child does not feel well, keep them home. • Practice social distancing whenever possible. • Wear a mask in public, especially in areas through which many people from various communities pass. • Keep social gatherings small and outdoors, if possible. • Be mindful of associating with people from families whose members are elderly or have underlying health conditions. 	<p>Orange or Higher</p> <ul style="list-style-type: none"> • Stay home as much as possible. • Rely on local delivery services for items such as medications and groceries. • Wear a mask in public. • Distance from people who live outside of your home or work.
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Vaccinations & Coordination with State & Local Health Officials

The school district will work closely with state and local health officials to:
Provide opportunities for or provide information to students and staff in regard to receiving immunizations.
Implement guidelines and strategies consistent, to the greatest extent possible, with relevant CDC guidance.

Continuity of Services

The school district will maintain a continuity of services during altered schedules or a shutdown of the school facility. Academic instruction will continue either on a modified schedule in person or via electronic means. Meals for students will be distributed during a complete shutdown of in-person schooling. An ongoing contract for the providing of mental health services will continue and students and staff will be monitored for the need for support services.

Vaccinations & Coordination with State & Local Health Officials

The school district frequently communicates with local and state officials during emergency situations. A representative from the school district participates in these briefings and reviews protocols on a weekly basis, at a minimum. As vaccinations become available, information regarding opportunities for employees and students are shared via multiple means. The school district will make attempts to host a clinic in-house for those wishing to be vaccinated.

Public Input for the Return to School Plan

We welcome public input on our Return to School Plan. This document has resided on our school website since March of 2021 and has been discussed at open board meetings held in April, May, June, and July of 2021.



Heartland Community Schools

Parent Quick Guide

Framework for Addressing Protocols Due to Infectious Diseases

This document is provided as a “quick look” at our general plans. It is certainly not exclusive, nor is it limited to protocols only listed within each risk level. For example, we may implement strategies from the Orange column while still at the Yellow risk level, depending upon the circumstances. We will be setting the risk level in consultation with local health officials, but it may or may not mirror our local health department.

Considering all of the information that we have seen from physicians, pediatric groups, the CDC, and local health departments, the best advice to keep your child in school and to keep school open are:

- **Keep them at home if they don't feel well;**
- **Remind them to remain at least 6 feet from another person as much as possible;**
- **Encourage them to wear a face mask when distancing is not possible;**
- **Instruct them to wash their hands several times each day for at least 20 seconds.**

If a child becomes ill at school, they will put on a mask and will be taken to an area in the lobby to be picked up. Parents should notify the office upon arrival and the student will meet their parent outdoors.

School Day Protocols				
	Green Risk Level - Phase 4	Yellow Risk Level - Phase 3	Orange Risk Level - Phase 2	Red Risk Level - Phase 1
Buildings	Open	Open	Open	Closed
Attendance	In Person	In Person	In Person Possible Schedule Changes	Remote
Face Masks	Strongly Suggested	Required for Staff Strongly Suggested for Students	Required for All	
Temperature Checks	No	Yes	Yes	
Transportation	Parents Consider Transporting And Checking Temps at Home	Parents Consider Transporting And Checking Temps at Home	Temps Required Possible Suspension of Busing	
Lunches	Normal No Visitors at Lunch	Assisted Self-Serve No Visitors at Lunch	Self-Serve is Suspended No Visitors at Lunch	
Building Visitors/Parents	Limit Casual Visits More Detailed Sign-In Masks Required	Scheduled Visits Requested Temperature Checks & Masks Required	No Outside Visitors	
Food/Snacks Into Building	Pre-packaged snacks only Lunches delivered to office	Pre-packaged snacks only Lunches delivered to office	No outside food into building	