

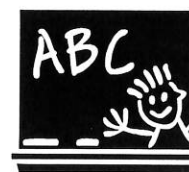


Heartland Community School

Henderson/Bradshaw

August/September 2012 Newsletter

Page 1



To our parents and supporters of Heartland Community Schools,

It has been a busy and hot summer around Heartland Community Schools. We are cleaning and waxing, hiring and scheduling, and those of us that are new to Heartland are getting settled in to our new positions. We have several new staff members joining us this year and they are excited to work with your children come August.

Nora Ohrt will be teaching high school language arts and work with our play production. Nora is a graduate of the University of Nebraska at Lincoln and is currently finishing her Master's degree through the University of Nebraska at Kearney, which includes an emphasis in instructional technology. She is no stranger to our students and staff as she has served as an assistant track coach.

Tara Maltsberger will be teaching 5th grade for us this year. Tara earned her degree from Bethel College and is an experienced teacher from Kansas and most recently, in York. She also holds an endorsement for working with special education students.

Tami Peters is also an experienced teacher coming to us from Aurora where she was a pre-school teacher for the last 12 years. Tami will be teaching Kindergarten for us here at Heartland. She earned her credentials from Nebraska Wesleyan University.

Stephanie Miller will serve as our agriculture education instructor and FFA sponsor this year. A graduate of Northwest Missouri State University, Stephanie has worked in the agriculture industry, as a marine science instructor, and as a substitute teacher.

As for me, I come to you as the new superintendent from 7 years as the curriculum director in Seward. Prior to that, I was a high school principal for 13 years, an assistant principal for 2, and began my career in education as a science instructor. I start my 30th year in education here at Heartland Community Schools and must say that the excitement grows each and every day. I am ready for the teachers and students to fill our classrooms and do what we do best.

As the 3rd superintendent in the last 64 years, I know that I have a good solid foundation from which to work with you, your children, and the staff to continue moving our district forward. I knew before applying that Heartland Community Schools was a place that I would like to work and

consider myself fortunate that I will now get that opportunity. I hope that you are engaged in your children's education and that we can build solid and supportive relationships that work toward a challenging and timely education for our youth.

Please make our new staff feel welcome and I invite you to introduce yourself when we meet as I am definitely looking forward to working with you. Enjoy the last few weeks of summer!

Sincerely,

Brad Best, Superintendent

NON-DISCRIMINATION POLICY

The school district does not discriminate on the basis of race, color, national origin, sex, marital status, age, or handicap in admission or access to, or treatment or employment, in its program and activities. If any patron or employee feels they have been discriminated against by any school employee, please contact Superintendent Brad Best, High School Principal Tim Carr or Elementary Principal Cindy Huebert.

The "No Child Left Behind Act" Calls for New Requirements of the School District

The new federal legislation included in the "No Child Left Behind Act" requires that schools release the names, addresses, and telephone numbers of all students in grades 9-12 to any military and/or college recruiters that request them. Parents have the right to request that this information not be released without their permission. All parents of students in grades 9-12 will receive a letter with a waiver form attached. This form needs to be filled out and returned to the school to block your child's name from being released. If you do not receive a letter and form, please call the school office and one will be sent to you. If you have any questions, please call the school office for further information.

**The 2012-2013 Elementary
Suggested School Supply
list is included in this
newsletter.**

ADMISSION PRICES

The Heartland Community School admission prices and ticket prices for the 2012-2013 school year are as follows:

High School events:

Students K-12	\$4.00
Adults	\$4.00
Senior Citizens (65+)	\$2.00

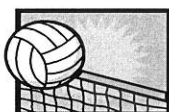
Junior High events:

Students K-12	\$2.00
Adults	\$2.00
Senior Citizens (65+)	\$2.00

Family Passes

\$175.00 per family
\$ 70.00 per single adult
\$ 50.00 per student

(Students 6th grade and below must be accompanied by an adult to be admitted on a family pass.)



BREAKFAST/LUNCH PRICES

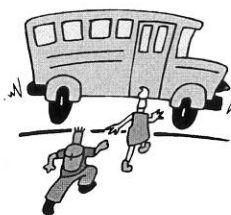


Breakfast and lunch prices have been set for the 2012-2013 school year. Lunch prices for students in grades K-6 are \$2.60 per meal and students in grades 7-12 will pay \$2.70 per meal.

Students who qualify for reduced price meals will pay \$0.40. The Huskie meal for 9-12 students will pay \$2.00 extra. Adult employees will pay \$3.20 per meal and visitors will pay \$3.80 per meal. Breakfast will continue to be served during the 2012-2013 school year for \$1.35. Students who qualify for reduced price meals will pay \$0.20.

Also, kindergarten students will have their afternoon milk included in their lunch accounts. Afternoon milk for kindergarten students is 30 cents per day and this amount is entered on your child's lunch account every two weeks. *We ask that all families keep their lunch accounts in a positive balance..* We need your cooperation to see that your child always has a positive balance. A call and/or a note will be sent home with your child when the account reaches a balance of \$10.00 or below. Please make every effort to send money when you receive the notice.

2012-2013 BUS SCHEDULE



THE FOLLOWING BUS ROUTES INCLUDE ALL STUDENTS WHO PLANNED ON RIDING ON A REGULAR BASIS. IF YOU RESPONDED THAT YOU WILL SELDOM RIDE, YOU ARE INCLUDED ON THE LIST THAT THE BUS DRIVERS RECEIVE. IF YOU WANT TO RIDE AT ANY TIME, PLEASE CALL THE BUS DRIVER FOR YOUR AREA AND THEY WILL STOP FOR YOUR CHILD.

NORTH BRADSHAW ROUTE:

Bus 06- Scott Taggart, Adam Kreifels, Cody Romero, Aumer Argueta, Laird McCormick, Justin Rea, Adam Chase, Kristin Grady, Todd Scheil, Craig Quiring, John Scott Goertzen, Clyde Goertzen, Richard Bell, Jessica Coman

WEST ROUTE: Mark Blankston Bus 05-

Justin Ott, Luke Peters, Gary Buller, Jerry Huebert, Henry Ginter, Jared Goertzen, Brian Baker, Gentry Friesen, Gibbon Friesen, Mark Thieszen, Brad Janzen, Jay Dee Janzen.

NORTH CENTRAL ROUTE: Jim Dyer Bus 02

- Rick Hiebner, Phil Goertzen, Mark Stamp, Justin Goertzen, Greg Boehr, Paul Buller, Matthew Epp, Jason Quiring, Lonnie Quiring, Jeremy Janzen, Derrick Regier, Grant Schmidt.

SOUTHEAST ROUTE: Roy Nunnenkamp Bus 00

- Rick Glinsmann, Troy Hiebner, Brent Swartzendruber, Brad Epp, Genny Sterling, Keith Millspaugh, Mark Kliever, Rodney Friesen, Steve Hiebner, Al Schaldecke, Scott Ulmer, Jenny Paitz, Melvin Lear, Brian Bergen, Daniel Parker.

NORTH ROUTE: Marcia Traudt Bus 07 -

Boyd Stuhr Jr., Jim Fisher, Roger Spencer, Perry Siebert Jr., Lukus Monnier, Kent Allen.

KINDERGARTEN- TAKE HOME:

Route 1: Jacob Buller, Jace Friesen, Lexand Baker, Emeryson Oswald, Brady Goertzen, Aubrey Parker and Sidalee Kliever.

Route 2: Braelyn Renz, Creighton Friesen, Blake Goertzen, Austin Schmidt, Tatum Quiring, KatrinaMarie Epp, Samuel Quiring and Carlee Romero.



Heartland Community School

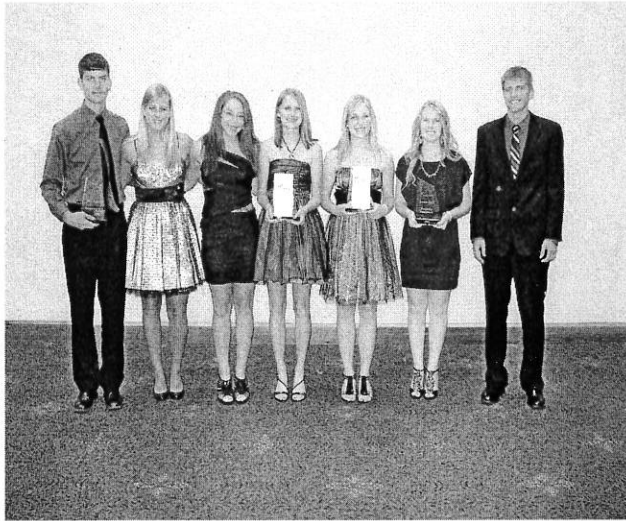
Henderson/Bradshaw

August/September 2012 Newsletter

Page 3



CONGRATULATIONS TO THE FBLA NATIONAL AWARD WINNERS



Cody Brown, Allison Braun, Bailey Carr, Kaitlyn Quiring, Ashley Quiring, Sondra Buller and Colton Siebert.

Heartland FBLA Members Win Four National Awards in San Antonio

Heartland FBLA members traveled to San Antonio, Texas, for the National Leadership Conference held June 28 to July 3. Cody Brown, Sondra Buller, Ashley Quiring, Allison Braun, Bailey Carr, Kaitlyn Quiring and Colton Siebert along with adviser Kristy Most enjoyed the weeklong conference activities. The group stayed at the Marriott Rivercenter Hotel. Nebraska was represented by 275 members and advisers who attended the conference to compete at the national level.

While in San Antonio, members had the opportunity to network with members from across the nation, listen to workshop presenters and explore the city. On the first night, the delegation dined at Mi Tierra's

Mexican Restaurant and shopped at the Mercado Straw Market, a historic Mexican shopping center. The next morning they visited the historic Buckhorn Saloon and Texas Ranger Museum and toured the San Antonio Missions. At the conference, members listened to Keynote Speaker Patrick Maurer, who inspired students to never lose the joy of childhood and never be afraid of dreaming outside the box. The next two days were filled with competitive tests ranging from Accounting to Word Processing. Heartland members also enjoyed the following activities during the week: tour of the Alamo, a narrated river barge ride, Six Flags Fiesta Texas theme park and shopping on the River Walk and at the Quarry Market Mall.

Nebraska's competitors found their Gateway to Greatness! Nebraska FBLA won 28 competitive event awards. Twenty-six competitors placed in the top ten of their events and five placed first. In addition, two competitors placed first in open events.

For Heartland, Ashley Quiring placed first in the nation in Accounting II. She was a National Champion for the second straight year. She also received a cash award of \$1,000. This was Ashley's third appearance at a national conference.

Kaitlyn Quiring placed first in the nation in Word Processing I. She received a cash award of \$500. This was her first appearance at a national conference.

Cody Brown placed fifth in the nation in Accounting II. He received a cash award of \$100. This was his second appearance at a national conference.

Sondra Buller placed seventh in the nation in Hospitality Management. This was her third appearance at a national conference.

Also competing at Nationals were Allison Braun and Bailey Carr in Desktop Publishing and Colton Siebert in Introduction to Business.

Congratulations to the Heartland competitors on another successful FBLA conference!

SUMMER IMMUNIZATON CLINICS AT HOME CARE PLUS

Students entering Kindergarten and 7th Grade and (most) College Bound students will need updated vaccinations before entering school in the fall of 2012.

Call 362-2566 Mon. thru Friday from 8:00-4:30pm to schedule an appointment for the immunization clinics listed below.

Friday, August 10th.....12:30-4:00pm
Monday, August 13th.....11:00-5:00pm
Monday, September 10th.....1:00-4:30pm
Monday, October 8th.....1:00-4:30pm
Monday, November 12th.....12:30-5:00pm
Monday, December 10th.....12:30-5:00pm

A \$12.00 donation per child is requested.

AN UPDATED 2012-2013 SCHOOL YEAR CALENDAR IS INCLUDED IN THIS NEWSLETTER

VOLUNTEERS NEEDED!

**Heartland Community Schools
would welcome any volunteers
for the 2012-013 School Year**

HOME OF THE HUSKIES



ASBESTOS NOTIFICATION

The Environmental Protection Agency regulation requires that all patrons and employees of the Heartland Community Schools-Henderson/Bradshaw be notified as to the location of asbestos-containing materials in the school building.

Recent inspections conducted by ATC Environmental, Inc. of Omaha confirmed earlier inspections conducted in 1983 that there is pipe insulation containing asbestos particles in several locations in the school. These are located in the old gym, the stage, and several maintenance storage areas. Although the pipe insulation does contain asbestos particles, ATC Environmental Inc. found them to be properly encapsulated and therefore pose no threat to the students or employees of Heartland Community Schools. Management plans, as required by law, have been filed with the State Health Department and should the materials become damaged in any way, the proper action will be taken by school personnel to insure a safe environment for all students and employees. School and Maintenance Director Matt Quiring has received special training, as required by the EPA, to deal with any asbestos related incidents. If any employees have questions or observe any damage to any asbestos covered materials, they should contact the superintendent's office. A detailed diagram of existing asbestos locations in the school building may be obtained from the superintendent's office. A copy of the management plan is available for public inspection in the superintendent's office.

If you are new to the district, please come in and register your students as soon as possible! Call the school office at 402-723-4434 to make arrangements.

REMINDER:

All 7th grade and Kindergarten physicals must be completed before school starts. If your child is participating in sports, their athletic physicals must be completed and turned into the office before they can participate.

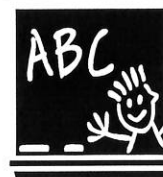


Heartland Community School

Henderson/Bradshaw

August/September 2012 Newsletter

Page 5



HEARTLAND COMMUNITY SCHOOLS -

Henderson/Bradshaw
Regular Board Meeting
Monday, June 11, 2012
8:00 PM
MINUTES

Members Present: Paul Brune, Gary Braun, Debra Wilhelm, Glenn Larson, Boyd Stuhr, Jr., and Kent Allen.
Others Present: Supt. Norm Yoder, Supt.-elect Brad Best, Principals Tim Carr and Cindy Huebert. Faculty: Kim Hiebner, board candidate Jim Ohrt, assistant track coach Nora Ohrt, Phil Goertzen and student Bailey Monnier.

I. Call to Order

President Brune called the regular meeting to order at 8:00 p.m.

II. President Brune declared the meeting to be open, legal and properly advertised with all members having been informed of the nature of the meeting and having received related information. He also indicated the posting of the open meetings law at the front of the room.

III. The board held the following separate Public Hearings on the following policies:

Student Fees Policy
Parent Involvement Policy
Anti Bullying Policy

Action 1: Motion by Braun, second by Wilhelm, to close the hearing. Motion Carried: 6-for; 0-against

IV. Approval of Agenda

Action 2: Motion by Allen, second by Larson, to approve the agenda as presented. Motion Carried: 6-for; 0-against.

V. Audience with Individuals and/or Committees
Phil Goertzen was present to discuss possible cross country options.

VI. Minutes of Meeting
Regular Meeting of May 15, 2012

VII. Treasurer's Report

The General Fund Treasurer's report was reviewed and filed pending audit.

VIII. Claims
General Fund
QCIPUF Fund

IX. Financial Reports

The financial reports for the School Lunch Fund, Activity Fund, Unemployment Fund, and the Depreciation Fund were reviewed and filed pending audit.

Action 3: Motion by Boyd, second by Braun, to approve the consent agenda which includes the minutes of the May 15, 2012 regular meeting, the general fund claims, and QCIPUF claims. Motion Carried: 6-for; 0-against.

X. Administrative Reports

The board heard administrative reports on possible door hardware replacements.

XI. Discussion with Neighboring Districts

Supt. Yoder reported no further discussions on sharing with neighboring districts..

XII. Add Cross Country as an Additional Sport

Board held discussion concerning adding cross country as a fall sport.

Action 4: Motion by Allen, second by Larson, to add cross country to the fall sport schedule. Motion Failed: 3-for; 3-against (Allen-yes; Brune-no; Wilhelm-yes; Larson-yes; Stuhr-no; Braun-no)

XIII. Sunday Use Policy

The board held the first reading on revised policy KCCH – Rental Charges for Use of Facilities.

IX. Girls Basketball Uniforms

Action 5: Motion by Wilhelm, second by Braun, to approve adding the purchase of girl's basketball uniforms to the athletic budget approved in May. Motion Carried: 6-for; 0-against.

X. Summer Project Update

The administration reported that the carpeting in the theater, the old gym floor and the theater stage floor work has been completed. They are hopeful the brick wall in front of the heating and air conditioning units in front of the theater will be completed by the end of the month.

XI. Policy Review

The board reviewed Section I – Instructional Program – Policies IFAA-IMD.

The board reviewed a possible policy, Nepotism – Policy GBCA

XII. Set Hot Lunch Prices for 2012-2013

Action 6: Motion by Braun, second by Larson, to approve raising the lunch prices by \$0.10 for 2012-2013 which sets the prices as follows: Elementary \$2.60, Secondary \$2.70, Faculty \$3.20, and Visitors \$3.80. Motion Carried: 6-for; 0-against.

XIII. Set Admission Prices for 2012-2013

Action 7: Motion by Allen, second by Wilhelm, to set the Family Activity Pass at \$175.00, Single Activity Pass at \$70.00 and Student pass at \$50.00. Single game admission would remain the same at \$4.00 for adults and students and \$2.00 for Jr. High events. Motion Carried: 6-for; 0-against.

XIV. Review Drug Education Procedures & Curriculum
The principals reviewed the drug education procedures and curriculum.

XV. Handbook Revision.

Action 8: Motion by Larson, second by Braun, to approve the revised student handbooks for 2012-2013. Motion Carried: 6-for; 0-against.

XVI. Preliminary Budget Review

The superintendent gave an overview of the budget preparation for 2012-2013.

XVII. Personnel

Action 9: Motion by Larson, second by Braun, to accept the resignation of Lindsay Bartling as Language Arts Instructor and express appreciation for her year at Heartland. Motion Carried: 6-for; 0-against.

Action 10: Motion by Stuhr, second by Allen, to approve the appointment of Lee Smith as Jr. High Boys Basketball coach. Motion Carried: 6-for; 0-against.

Action 11: Motion by Braun, second by Stuhr, to set the substitute teacher pay for 2012-2013 at \$100.00 a day, an increase of \$2.00 a day. Motion Carried: 6-for; 0-against.

Action 12: Motion by Larson, second by Wilhelm, to approve salary adjustment to Marcee van den-Berg as discussed. Motion Carried: 6-for; 0-against.

Action 13: Motion by Braun, second by Allen, to approve the salary adjustments and vacation pay as discussed. Motion Carried: 6-for; 0-against.

XXI. Adjournment

President Brune adjourned the meeting at 9:50 p.m.



Attending school regularly is a key factor toward future success

A huge body of research shows that regular school attendance often means higher grades. Students who attend school regularly are usually better adjusted at school and later on as adults. On the other hand, poor attendance is strongly linked to poor grades and other negative outcomes.

According to research, students with poor attendance:

- Earn poor marks in their current grade and in future grades.
- Are more likely to repeat a grade.
- Are at a greater risk of dropping out of school.
- May not form healthy relationships with teachers and other students.
- Are more likely to use drugs and alcohol.
- May have more trouble getting or keeping a job in the future.

With all of this research, it should be clear: Do everything you can to get your child to school on a regular basis.

Reprinted with permission from the September 2011 issue of *Parents Still make the difference!*® (Middle School Edition) newsletter. Copyright © 2011 The Parent Institute®,

Can you help your child get through the first few weeks?

Middle school brings a large set of changes and transitions. Answer yes or no to the questions below to see if you are prepared to help your child through the first few weeks of school:

___ 1. Have you reviewed your child's classes, the names of his teachers and the name of his counselor?

___ 2. Have you talked with your child about whether he can open his locker and find his classes?

___ 3. Do you work with your child to increase his use of calendars and other reminders?

___ 4. Are you patient with your child? Some days he will seem very independent, and other days he will seem to need you more than ever.

___ 5. Have you made your home a place of familiar comfort by continuing rituals, such as family meals?

How well are you doing?

Mostly yes answers mean you are a guide for your child as he navigates the beginning of middle school. For no answers, try those ideas in the quiz.

Reprinted with permission from the September 2011 issue of *Parents Still make the difference!*® (Middle School Edition) newsletter. Copyright © 2011 The Parent Institute®, a division of NIS,

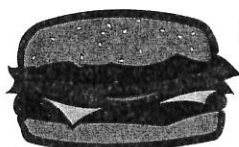
Dear Student,

You have control over the choices you make in the cafeteria every day! The school food service staff works hard to provide appealing, nutritious foods for lunch and/or breakfast. Then you choose what to eat!

By participating in the National School Lunch and/or Breakfast Program, your school receives federal and state reimbursement for offering meals meeting a required meal pattern. Receiving this reimbursement assists your school in keeping meal prices affordable. This meal pattern requires certain food components be offered. These food components include: meat/meat alternate, grain items, fruits, vegetables and milk. For each food component there are minimum quantities required, though your school may offer more.

According to federal regulations you do not have to take all of these food components. You may choose only three or four food components, with at least one of these components being a fruit or vegetable. The components must be taken in at least minimum quantities for the meal to qualify for reimbursement. This serving option is referred to as "*Offer vs Serve*." The school food service *offers* all five food components, but can *serve* you fewer. The main reason for allowing you to decline foods that you don't intend to eat is cut down on food waste and cost.

Below is an example of a lunch menu containing all food components:



Hamburger on Bun
Baked Beans
Applesauce
Milk

You could take all menu items or any qualifying combination such as:

Hamburger
Bun
Milk
Applesauce

Hamburger
Bun
Baked Beans

Hamburger
Bun
Applesauce

Hamburger
Baked Beans
Applesauce
Milk

The staff person who checks your tray at the end of the line is required to see that it contains at least 3 of the five food components with one component being at least a full serving of fruit or vegetable. If you do not have all of the food components needed you may be asked to go back and get something else.

Choosing three, four or five food components has no effect on the price you pay for lunch. The entire meal is the best value for your money. You can help keep the lunch line moving quickly by checking the menu ahead of time and politely telling the servers which foods you do not want.

Remember the choice is yours! Declining foods you will not eat instead of throwing them in the trash is a responsible way to help your school save food, time and money.

Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs – Jan. 2012

	Breakfast Meal Pattern			Lunch Meal Pattern		
	Grades K-5 ^a	Grades 6-8 ^a	Grades 9-12 ^a	Grades K-5	Grades 6-8	Grades 9-12
Meal Pattern	Amount of Food ^b Per Week (Minimum Per Day)					
Fruits (cups) ^{c,d}	5 (1) ^e	5 (1) ^e	5 (1) ^e	2½ (½)	2½ (½)	5 (1)
Vegetables (cups) ^{c,d}	0	0	0	3¼ (¾)	3¼ (¾)	5 (1)
Dark green ^f	0	0	0	½	½	½
Red/Orange ^f	0	0	0	¾	¾	1¼
Beans/Peas (Legumes) ^f	0	0	0	½	½	½
Starchy ^f	0	0	0	½	½	½
Other ^{f,g}	0	0	0	½	½	¾
Additional Veg to Reach Total ^h	0	0	0	1	1	1½
Grains (oz eq) ⁱ	7-10 (1) ^j	8-10 (1) ^j	9-10 (1) ^j	8-9 (1)	8-10 (1)	10-12 (2)
Meats/Meat Alternates (oz eq)	0 ^k	0 ^k	0 ^k	8-10 (1)	9-10 (1)	10-12 (2)
Fluid milk (cups) ^l	5 (1)	5 (1)	5 (1)	5 (1)	5 (1)	5 (1)
Other Specifications: Daily Amount Based on the Average for a 5-Day Week						
Min-max calories (kcal) ^{m,n,o}	350-500	400-550	450-600	550-650	600-700	750-850
Saturated fat (% of total calories) ^{n,o}	< 10	< 10	< 10	< 10	< 10	< 10
Sodium (mg) ^{n, p}	≤ 430	≤ 470	≤ 500	≤ 640	≤ 710	≤ 740
Trans fat ^{n,o}	Nutrition label or manufacturer specifications must indicate zero grams of trans fat per serving.					

^aIn the SBP, the above age-grade groups are required beginning July 1, 2013 (SY 2013-14). In SY 2012-2013 only, schools may continue to use the meal pattern for grades K-12 (see § 220.23).

^b Food items included in each food group and subgroup and amount equivalents. Minimum creditable serving is ¼ cup.

^cOne quarter-cup of dried fruit counts as ½ cup of fruit; 1 cup of leafy greens counts as ½ cup of vegetables. No more than half of the fruit or vegetable offerings may be in the form of juice. All juice must be 100% full-strength.

^dFor breakfast, vegetables may be substituted for fruits, but the first two cups per week of any such substitution must be from the dark green, red/orange, beans and peas (legumes) or “Other vegetables” subgroups as defined in §210.10(c)(2)(iii).

^eThe fruit quantity requirement for the SBP (5 cups/week and a minimum of 1 cup/day) is effective July 1, 2014 (SY 2014-2015).

^fLarger amounts of these vegetables may be served.

^g This category consists of “Other vegetables” as defined in §210.10(c)(2)(iii)(E). For the purposes of the NSLP, “Other vegetables” requirement may be met with any additional amounts from the dark green, red/orange, and beans/peas (legumes) vegetable subgroups as defined in §210.10(c)(2)(iii).

^hAny vegetable subgroup may be offered to meet the total weekly vegetable requirement.

ⁱAt least half of the grains offered must be whole grain-rich in the NSLP beginning July 1, 2012 (SY 2012-2013), and in the SBP beginning July 1, 2013 (SY 2013-2014). All grains must be whole grain-rich in both the NSLP and the SBP beginning July 1, 2014 (SY 2014-15).

^jIn the SBP, the grain ranges must be offered beginning July 1, 2013 (SY 2013-2014).

^kThere is no separate meat/meat alternate component in the SBP. Beginning July 1, 2013 (SY 2013-2014), schools may substitute 1 oz. eq. of meat/meat alternate for 1 oz. eq. of grains after the minimum daily grains requirement is met.

^lFluid milk must be low-fat (1 percent milk fat or less, unflavored) or fat-free (unflavored or flavored).

^mThe average daily amount of calories for a 5-day school week must be within the range (at least the minimum and no more than the maximum values).

ⁿDiscretionary sources of calories (solid fats and added sugars) may be added to the meal pattern if within the specifications for calories, saturated fat, trans fat, and sodium. Foods of minimal nutritional value and fluid milk with fat content greater than 1 percent milk fat are not allowed.

^oIn the SBP, calories and trans fat specifications take effect beginning July 1, 2013 (SY 2013-2014).

^pFinal sodium specifications are to be reached by SY 2022-2023 or July 1, 2022. Intermediate sodium specifications are established for SY 2014-2015 and 2017-2018. See required intermediate specifications in § 210.10(f)(3) for lunches and § 220.8(f)(3) for breakfast

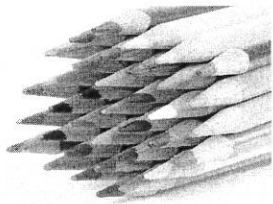
**Heartland Community Schools
Henderson/Bradshaw
2012-2013 Suggested School Supply List**

KINDERGARTEN

1 Large Book bag (easily zipped by child)
Primary crayons (box of 8)
Four #2 pencils, sharpened
Standard size colored pencils (box of 12)
Fiskar scissors
Classic color markers (box of 12)
Large eraser
Oversized paint shirt—labeled
Small pencil box
4 Jumbo glue sticks
2 Large box of Kleenex (250)
3 ring binder, 1 ½ inch wide, (white with a clear sleeve cover) **Tami Peters Class Only**
*markers and colored pencils may need to be replaced at semester

Please DO NOT label items unless it is indicated. All supplies will be used by the class. Tami Peters only

Please label each item with your child's name. Sherry Thieszen only



GRADE 1

Book bag
Solid color 3 ring notebook with 2"-2 1/2" spine (Steever only)
8 - #2 pencils. Sharpened-**shared**
Pencil top erasers & 1 large eraser-**shared**
4 Vis-à-Vis overhead projector pens (per semester)
4 color chisel tip expo dry erase markers
6 Jumbo glue sticks (per semester)
3 solid color pocket folders
1 small box of crayons
Small pencil box
2 Large boxes of Kleenex (250+ count)-**shared**
Fiskar Scissors
1 box of sharpened colored pencils (per semester)
Highlighter
Water bottle with pop-up lid
1 box fine tip classic colored markers
1 box broad tip classic colored markers
1 bottle of Germ-X
1 large box of soda crackers every other month-**shared**
1 Oversized paint shirt (FOR ART)

Please label each item with your child's name-all but the shared items

GRADE 2

Book bag
#2 pencils—no mechanical pencils
Large Eraser
Pencil Top Erasers
4 color chisel tip dry erase markers (keep in package)
2 jumbo glue stick
Crayons (box of 24)
3 folders for loose papers
Colored pencils – Box of 10-12
2 Large boxes of Kleenex
Labeled P.E. Shirt
Scissors (Fiskar brand if possible)
Pencil box
1-4 oz Bottle White School Glue
1 box broad tip Classic Colored Markers (keep markers in original box)
1 Oversized paint shirt (FOR ART)
Theresa Ratzlaff only-4 vis-a- vis overhead projector pens
Personal water bottle with pop up lid
10 oz. bottle of Germ-X
Please label each item with your child's name.

GRADE 3

#2 Pencils —no mechanical pencils
Large box of Kleenex
Large Eraser and pencil top erasers
Sharpened colored pencils
1 box of fine tip Classic Colored Markers
1 box of broad tip Classic Colored Markers
2 Jumbo glue sticks
Labeled P.E. shirt and shoes
Scissors
Book bag
2 spiral college ruled notebooks
3X5 Spiral Memo Notebook
Small pencil box (optional)
2 boxes of soda crackers
2 pkg of 4 Dry Erase Markers (medium point)
1 Oversized paint shirt (FOR ART)
Water bottle
NO LARGE 3-RING NOTEBOOKS OR TRAPPER KEEPERS

Please label each item with your child's name.

**Heartland Community Schools
Henderson/Bradshaw
2012-2013 Suggested School Supply List**

GRADE 4

Pencils (2 pkgs to be shared by class)
2 Large box of Kleenex
1 Small pencil box
Markers – classic colored
Markers-fine tip
Crayons-no more than 24
Dry erase markers-fine tip
2 jumbo glue sticks
Ruler-not the kind that rolls up
Scissors
2 composition notebooks-no spirals
Colored pencils
Highlighters
1" 3 ring binder-no trapper keepers
Eraser or sock for dry erase board
Oversized paint shirt for art
PE shoes, shirt and deodorant
2 pkgs wide ruled loose leaf paper
NO MECHANICAL PENCILS, SHARPENERS, OR PENS)
Please label each item with your child's name.

GRADE 5

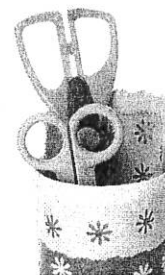
Pencils
Big pink eraser
1 large glue stick
2 pens
2 box of colored pencils
Scissors (optional)
Markers (box of 12)
6 folders with inside pockets
2 Large box of Kleenex
Labeled P.E. Shoes, shirt & deodorant
4 Highlighters-different colors
Crayons-box of 12
Calculator (optional)
3 Spiral Notebooks - 8 1/2 x 11-wide ruled
1 Spiral Notebook (music)
1 package of 4 Expo Dry Erase markers
1 Oversized paint shirt (FOR ART)
1 composition notebook
2 packages of loose leaf paper-wide ruled

Please label each item with your child's name.

GRADE 6

Pencils
6 double pocket folders
1 box colored pencils - optional
1 Highlighters
1 package 3X5 cards
3 red pens
Large box of Kleenex
7 spiral notebooks
3 ring binder (optional to put folders in)
1 glue stick
Calculator
Scissors
Labeled P.E. Shoes, shirt & deodorant
4 Expo Dry Erase Markers
1 Dry Erase Eraser
! Black Sharpie
1 Oversized paint shirt (FOR ART)

Please label each item with your child's name



JUNIOR HIGH SUGGESTED SUPPLY LIST

Pencils
Pens (blue or black please)
Red pens (2)
Markers (1 set)
Highlighters
Sketch book for art
4 x 6 Lined Index cards
2 Boxes of Kleenex
Scientific Calculator (will not be provided)
Pocket folder for each class (7)
3 Composition Books for Science, Math & English
Paper/Notebook for each class (at least one spiral for current events)
1 box of colored pencils

Please label each item with your child's name.



2012-2013

UPDATED

School Year Calendar

Heartland Community Schools—Henderson/Bradshaw

AUGUST

- 13 Teacher Inservice/Workday
- 14 Teacher Inservice/Workday
- 15 First Day Of School Dismiss 11:40AM

SEPTEMBER

- 3 Labor Day (No School)
- 18 Inservice (Two Hour Late Start)

OCTOBER

- 3 Inservice (Dismiss at 11:40AM)
- 12 End Of 1st Nine Weeks (41.5 Days)
- K-12 Parent-Teacher Conferences 4:30-8:30pm
- K-12 Parent-Teacher Conferences 4:30-8:30pm
- 26 No School in Lieu of Parent/Teacher Conferences

NOVEMBER

- 7 Inservice (Two hour late start)
- 21 1:30PM Dismissal (Thanksgiving VA)
- 22 Thanksgiving Vacation (No School)
- 23 Thanksgiving Vacation (No School)

DECEMBER

- 21 1:30PM Dismissal (Christmas Vacation)
- End Of 2nd Quarter (47 Days)
- End Of 1st Semester (88.5 Days)
- 24 Christmas Vacation (December 24-January 7)
- 23-27 NSAA moratorium (no gyms open)

JANUARY

- 7 Teacher Workday (No School)
- 8 Begin Second Semester
- 23 Inservice (Two Hour Late Start)

FEBRUARY

- 7 Inservice (Dismiss at 11:40AM)
- 27 Inservice (Two Hour Late Start)

MARCH

- 1 Spring Vacation (No School)
- 7 End Of 3rd Nine Weeks (41.5 Days)
- 8 Spring Vacation (No School)
- 18 K-12 Parent/Teacher Conferences 4:30-8:30pm
- 21 K-12 Parent/Teacher Conferences 4:30-8:30pm
- 22 No School in Lieu of Parent/Teacher Conferences
- 29 Good Friday (No School)

APRIL

- 1 Easter Vacation (No School)
- 24 Inservice (Two Hour Early Dismissal)

MAY

- 12 2:30PM Commencement
- 21 Dismiss at 11:30 am
- End of School Year (180 Days)
- End of 2nd Semester (91.5 Days)
- End of 4th Quarter (50 Days)
- 22 Teacher Workday (Total Contract Days-185)

August						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

October						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

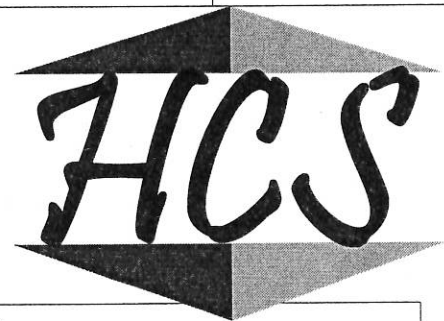
January						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

February						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

March						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

May						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					



- △ 2 Hour Late Start
- ▽ 2 Hour Early Dismissal
- In-service Day—No School
- ☆ Parent/Teacher Conferences – (Fall to be determined)
- / Vacation Day (No School)
- △ No School In Lieu Of Parent/Teacher Conferences
- ◇ Teacher Workday (No School)
- 11:40AM Dismissal—No Lunch Served
- Beginning/End of Semester / End of 9 Weeks

Heartland Community Schools—Henderson/Bradshaw

1501 Front Street
Henderson, NE 68371

Email: bbest@heartlandschools.net

Phone: 402-723-4434

Fax: 402-723-4431

Website: www.heartlandschools.org

School Closing Information: 723-4421

August 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
5			1 Weights 6:00 - 9:00 a.m. Floor Closed	2 Weights 6:00 - 9:00 a.m. Floor Closed	3 Weights 6:00 - 9:00 a.m. Floor Closed	4
	6 9th Gr. Orientation @ 6:00pm 7-8th gr. Orientation @ 7:30pm V-Ball Conditioning 8:00 - 9:00 a.m. Little Girls Volleyball Camp 9:00 - 11:30 a.m.	7 V-Ball Conditioning 8:00 - 9:00 a.m. Little Girls Volleyball Camp 9:00 - 11:30 a.m.	8 V-Ball Conditioning 8:00 - 9:00 a.m. Little Girls Volleyball Camp 9:00 - 11:30 a.m.	9 V-Ball Conditioning 8:00 - 9:00 a.m. Little Girls Volleyball Camp 9:00 - 11:30 a.m.	10	11
12 Mon. Tues. Wed- No Lunch Thurs-Cold Sandwich Fri-Breaded Beef Patty	13 Teacher Inservice Workday V-Ball Fall Practice Begins Bd Staff Supper 6:30pm Board of Ed Mtg. @ 8:00pm	14 Teacher Inservice Workday 1st Grade Open House 6:30-7:30pm	15 First Day of School Dismiss @ 11:40pm	16 First Full Day of School	17 FBLA/FFA Magazine Sales 10:30am	18
19 Mon-Pizza Tues-Chicken Patty Sandwich Wed-Taco Thurs-Sloppy Joes Fri-Spaghetti w/ Meat	20 NHS Mtg @ 7:00pm	21	22	23 Girls Golf Invitational @ Superior 9:00am	24 VB/FB Fall Scrimmage 5:00 7:00pm	25
26 Mon-Pig in a Blanket Tues-Salisbury Steak Wed-French Dip Thurs-Taco Salad Fri-BBQ Pork Sandwich	27 FFA/FBLA mtg. @ 7:00pm	28 Girls Golf Triangular Exeter-Milligan 4:00pm Elementary Open House 6:00-7:30pm	29	30 VB Sandy Creek Triangular @ S. Creek 7:00pm	31 FB Shelby @ Shelby 7:00pm Girls Golf Invitational @ Tri-County 9:00am FFA State Fair	

September 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 FFA State Fair
2 Mon-No School Tues-Tator Tot Casserole Wed-Enchiladas Thurs-Hotdogs Fri-Chicken Nuggets	3 No School-Labor Day FFA State Fair	4 Girls Golf Fullerton @ H 4:00pm	5	6 Girls Golf @ St. Cecilia 9:00am VB @ Thayer Central 5:30/6:30/7:30	7 FB Johnson Brock @ H 7:00pm	8 Yorkfest ACT Test
9 Mon-Chicken Fajitas Tues-Mr. Rib Wed-French Toast Sticks Thurs-Hamburgers Fri-Chili	10 G Golf Fairbury Invitational 9:00a, JH-VB @ S. Creek 4:00 JH-FB Osceola @ H 4:30 NHS mtg. @ 7:00pm Bd. Of Ed Mtg. 8:00pm	11 VB Fillmore Central @ H 5:30/6:30/7:30	12	13 VB @ Cross County 6:30/7:30 JH-VB Sutton @ H 4:30pm	14 FB @ Cedar Bluffs 7:00	15
16 Mon-Hot Ham & Cheese San, Tues-Popcorn Chicken Wed-Baked Potato Bar Thurs-Corndog Fri-BBQ Beef Sandwich	17 JV-VB Seward @ H 5:30pm JH-VB @ Fillmore Central 4:30 JV-FB @ Friend 6:00 JH-FB Hearland Lutheran 4:30	18 Inservice-2hr late start Girls Golf Gibbon Scramble 10:00am VB @ Hampton 6:00/7:00pm	19 Husker Harvest Days	20 Girls Golf Fullerton Invitational 10:00am VB @ Harvard 6:00/7:00pm	21 FB Harvard @ H 7:00pm	22 VB Tournament @ Southern 9:00am JV-VB Tournament @ Meridian 9:00am
23 Mon-Taco Tues-Turkey Club Wed-Ham Dinner Thurs-Chicken Noodle Soup Fri-Pizza	24 JH-FB Giltner @ H 4:30pm JV-FB Giltner @ H	25 Girls Golf @ Adams Central 4:00pm VB @ St. Cecilia 5:00pm FBLA Leadership Conference @ Kearney	26	27 VB St. Cecilia Tournament JV-VB Fullerton @ H 4:30	28 FB @ Fullerton 7:00pm	29 JH-VB Tournament @ St. Cecilia 9:00am VB-Triangular @ Friend 11:00
30						

Heartland Community Schools
1501 Front Street
Henderson, NE 68371
www.heartlandschools.org

Non-Profit Organization
U.S. Postage PAID
Permit 26
Henderson, NE 68371

ECRWSS POSTAL CUSTOMER

IMPORTANT DATES TO REMEMBER

August 6th - 9th Grade Open House 6:00pm
7th-8th Open House 7:30pm

August 13th – Teacher In-Service
Board and Staff Supper @ 6:30 pm
Board of Education Meeting 8:00 pm

August 14th - Teacher In-Service
1st Grade Open House 6:30-7:30 pm

August 15th - First Day of School Dismiss @ 11:40pm

August 16th– First Full Day of School

August 24th - Volleyball/Football Fall Scrimmage 5:00/7:00 pm

August 24th - Elementary Open House 6:00 - 7:30 pm

September 3rd- No School, Labor Day

September 8th - Yorkfest Parade

September 10th - Board of Education Meeting 8:00 pm

September 18th - Teacher In-Service 2 hour late start