



Heartland Community Schools
February 2024



			1 Cinnamon Roll French Toast Sticks Egg & Sausage Patty 100% Juice Tri Tater	2 Muffin & Yogurt Sweet & Sour Chicken Steamed Broccoli Brown Rice
5 Long John Mini Corndogs Baked Beans Green Beans	6 Pancake Wrap Sloppy Joe French Fries Slushies	7 Blueberry Waffles Chicken Nuggets Mashed Potatoes Gravy Dinner Roll	8 Strawberry Bagel Cheeseburger Mac & Cheese Steamed Peas French Bread	9 NO SCHOOL
12 Breakfast Pizza Chicken Patty Sandwich French Fries Ice Cream	13 Cereal Pizza Burgers Steamed Corn Jello	14 Chocolate Chip French Toast Chili OR Chicken Noodle Soup Cinnamon Roll Saltines	15 Tornado Max Cheese Sticks Marinara Sauce Green Beans Pudding	16 Apple Frudel Tacos Long John Steamed Corn
19 Pancake Wrap Pork Tenderloin Mashed Potatoes Gravy French Bread	20 Long John Chicken Alfredo Steamed Broccoli Dinner Roll	21 Sausage Biscuit Spaghetti Green Beans Garlic Bread	22 Strawberry Bagel Grilled Cheese Tri Tater Tomato Soup	23 Tornado Pizza Steamed Corn Slushies
26 Cinnamon Breadstick Popcorn Chicken Scalloped Potatoes Steamed Peas Dinner Roll	27 Breakfast Pizza Taco Salad Steamed Corn Mini Donuts	28 Egg & Cheese Biscuit Deli Sandwich Chips Cookie	29 Chocolate Chip French Toast Chicken Fried Steak Mashed Potatoes Gravy Dinner Roll	

All grains are whole grain rich.

Fresh fruit and vegetable bar is offered daily with lunch.

A variety of fruit and juice is offered daily with breakfast.

A variety of low-fat milk is offered daily with breakfast and lunch.

Menu is subject to change without notice.

All beef is donated and locally raised.

