



Heartland Community Schools December 2023



				1 Chocolate Chip French Toast Pork Tenderloin Mashed Potatoes Gravy French Bread
4 Apple Frudel  Hamburgers Chips Cookie	5 Cinnamon Breadstick Popcorn Chicken Scalloped Potatoes Steamed Peas French Bread	6 Cereal  Taco Salad Steamed Corn Mini Donuts	7 Muffin & Yogurt Mini Corndogs Baked Beans Steamed Broccoli	8 Pancake Wrap  Sloppy Joe Fries Pudding
11 Blueberry Waffle  Cheeseburger Mac & Cheese Steamed Broccoli/Carrots Dinner Roll	12 Tornado  Pizza Steamed Corn Slushies	13 Breakfast Pizza Sweet & Sour Chicken Steamed Broccoli Rice	14 Strawberry Bagel Chicken Patty Sandwich French Fries Steamed Corn	15 Cereal  Spaghetti Garlic Bread Green Beans
18 Breakfast Pizza Chicken Strips French Fries Dinner Roll	19 Pancake Wrap  Tacos Long John Steamed Corn	20 Strawberry Bagel  Pancake Day Sausage Links Tri Tater 100% Juice	21 Cinnamon Roll Max Cheese Sticks Marinara Sauce Steamed Peas	22 Long John Deli Sandwich Chips Cookie
25 	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL

All grains are whole grain rich.

Fresh fruit & vegetable bar offered daily with lunch.

A variety of fruit & juice is offered daily with breakfast.

A variety of low-fat and fat free milk is offered daily with breakfast and lunch.

Menu is subject to change without notice.

All beef is donated and locally raised.

