

DT TRACK Junior High Invite
Doniphan-Trumbull Thursday April 21, 2016

Schedule the day of the meet:

1:00pm Coaches meeting (Scratch & Add) Return Scratch/Add Sheet to Press Box

1:30pm All Field Events Start

3:30 Running Events (Approximately) Running Events will NOT start until all Field Events are done.

Order of Events:

1:30 Field Events

1st Order

Girls Discus East Field

Boys Shot Put West Field

Girls High Jump South FB

Girls Long Jump West Pit

Boys Triple Jump East Pit

Boys Pole Vault East Runway

2nd Order

Boys Discus East Field

Girls Shot Put West Field

Boys High Jump South FB

Boys Long Jump East Pit

Girls Triple Jump West Pit

Girls Pole Vault East Runway

Discus & Shot: 3 throws taken, once through same order – Top 6 awarded

Long Jump & Triple Jump: 3 jumps taken, one at a time – Top 6 awarded

High Jump & Pole Vault: Opening Ht TBD, up by 2” & 6” until final 7 competitors then 1” & 4”

3:30 (Approx.)

Running Events

100 M Hurdles

110 M Hurdles

100 M Dash

1600 Meter Run

400 Meter Run

200 Meter Hurdles

800 Meter Run

200 Meter Dash

400 Meter Relay

1600 Meter Relay