

Heartland Community Schools March 2018

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

All Grains are Whole Grain Rich.

Fresh Fruit and Vegetable Bar Offered Daily with Lunch.

A Variety of Fruit and Juice are offered Daily with Breakfast.

A Variety of Low Fat and Fat Free Milk is Offered Daily with Breakfast and Lunch.



			CHOCOLATE CHIP FRENCH TOAST 1	NO SCHOOL 2
EGG & CHEESE BISCUIT 5	MINI PANCAKES 6	CHICKEN & BISCUIT 7	SPAGHETTI GREEN BEANS HOMEMADE DINNER ROLLS	EGG AND CHEESE TORNADOS 9
CHICKEN STRIPS FRENCH FRIES HOMEMADE DINNER ROLL	BBQ MEATBALLS MUFFIN STEAMED PEAS/CORN	FRENCH TOAST STICKS W/ SYRUP SAUSAGE & EGG TRI TATER 100% JUICE	POPCORN CHICKEN SCALLOPED POTATOES HOMEMADE DINNER ROLL STEAMED PEAS	MAX CHEESE STICKS MARINARA SAUCE PEAS/CORN
SAUSAGE & BISCUIT 12	WAFFLES 13	FRUDELS 14	PANCAKE WRAP 15	MUFFIN & YOGURT 16
CHICKEN PATTY SANDWICH FRENCH FRIES STEAMED PEAS	PIZZA STEAMED CORN 100% JUICE SLUSHIE	CHICKEN FRIED STEAK MASHED POTATOES W/ GRAVY HOMEMADE DINNER ROLL	BEEF TACOS STEAMED CORN LONG JOHN	FISH STICKS MAC & CHEESE STEAMED PEAS
NO SCHOOL 19	CHOCOLATE CHIP FRENCH TOAST 20	BREAKFAST PIZZA 21	CHICKEN & BISCUIT 22	LONG JOHN 23
	"HUSKIE BEEF" HAMBURGERS BAKED BEANS 100% JUICE SLUSHIE	CHICKEN NUGGETS MASHED POTATOES W/ GRAVY HOMEMADE DINNER ROLL	SWEET & SOUR CHICKEN BROWN RICE STEAMED BROCCOLI	GRILLED CHEESE SANDWICH TOMATO SOUP TRI TATER
EGG & CHEESE BISCUITS 26	UNCRUSTABLES 27	MINI PANCAKES 28	EGG & CHEESE TORNADO 29	NO SCHOOL 30
BBQ PORK SANDWICH OR CHICKEN PATTY SANDWICH BAKED BEANS STEAMED PEAS	TATER TOT CASSEROLE GREEN BEANS HOMEMADE DINNER ROLL	CHILI OR CHICKEN NOODLE SOUP CINNAMON ROLL SALTINES	CHEESEBURGER MAC & CHEESE STEAMED PEAS HOMEMADE DINNER ROLL	