

Heartland Community Schools April 2018

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

All Grains are Whole Grain Rich.

Fresh Fruit and Vegetable Bar Offered Daily with Lunch.

A Variety of Fruit and Juice are offered Daily with Breakfast.

A Variety of Low Fat and Fat Free Milk is Offered Daily with Breakfast and Lunch.

NO SCHOOL 2	MUFFIN & YOGURT 3 SWEET & SOUR CHICKEN BROWN RICE STEAMED BROCCOLI	SAUSAGE & BISCUIT 4 MINI CORNDOGS BAKED BEANS STEAMED PEAS/CORN	PANCAKE WRAP 5 GRILLED CHICKEN SANDWICH FRENCH FRIES STEAMED PEAS/CORN	BREAKFAST PIZZA 6 TACO SALAD STEAMED CORN LONG JOHNS
CINNAMON ROLL 9 BBQ PORK SANDWICH OR CHICKEN PATTY SANDWICH FRENCH FRIES GREEN BEANS	MINI PANCAKES 10 PIZZA STEAMED CORN 100% JUICE SLUSHIE	LONG JOHNS 11 TERIYAKI CHICKEN BROWN RICE STEAMED BROCCOLI	FRUDEL 12 SLOPPY JOE FRENCH FRIES STEAMED PEAS	CHOCOLATE CHIP FRENCH TOAST 13 "HUSKIE BEEF" HAMBURGERS BAKED BEANS 100% JUICE SLUSHIES
BREAKFAST PIZZA 16 CHICKEN STRIPS FRENCH FRIES HOMEMADE DINNER ROLL 100% JUICE SLUSHIE	CHOCOLATE CHIP FRENCH TOAST 17 BBQ MEATBALLS MUFFIN STEAMED PEAS/CORN	CHICKEN & BISCUIT 18 FRENCH TOAST STICKS W/ SYRUP SAUSAGE & EGG TRI TATER 100% JUICE	PANCAKE WRAP 19 SPAGHETTI GREEN BEANS GARLIC BREAD	NO SCHOOL 20
TORNADOS 23 BAKED POTATO BAR CHICKEN STRIPS MUFFIN STEAMED BROCCOLI	MINI PANCAKES 24 PIZZA STEAMED CORN 100% JUICE SLUSHIES	LONG JOHNS 25 GRILLED HOTDOGS BAKED BEANS COOKED CARROTS	WAFFLES 26 BEEF TACOS STEAMED CORN LONG JOHN	PANCAKE WRAP 27 CHICKEN ALFREDO STEAMED BROCCOLI HOMEMADE DINNER ROLL
FRUDEL 30 PHILLY STEAK SANDWICH TRI TATERS STEAMED CORN				

