

Heartland Community Schools August 2017

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

All Grains are Whole Grain Rich.

Fresh Fruit and Vegetable Bar Offered Daily with Lunch.

A Variety of Fruit and Juice are offered Daily with Breakfast.

A Variety of Low Fat and Fat Free Milk is Offered Daily with Breakfast and Lunch.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

			CHOCOLATE CHIP FRENCH TOAST	LONG JOHNS
			SPAGHETTI W/ LOCAL BEEF MEATSAUCE GREEN BEANS GARLIC BREADSTICK	HOT DOGS BAKED BEANS STEAMED BROCCOLI
SAUSAGE BISCUIT	MINI PANCAKES	BREAKFAST PIZZA	EGG & CHEESE TORNADOES	MUFFIN & YOGURT
CHICKEN PATTY ON BUN FRENCH FRIES STEAMED PEAS	HOMEMADE PIZZA STEAMED CORN 100% JUICE SLUSHIE	CHICKEN FRIED STEAK MASHED POTATOES/GRAVY FRESH BAKED DINNER ROLL	LOCAL BEEF TACOS STEAMED CORN REFRIED BEANS LONG JOHN	CHICKEN ALFREDO STEAMED BROCCOLI FRESH BAKED ROLL
CHICKEN & BISCUIT	WAFFLES	BREAKFAST BOSCO	FRUDELS	
GRILLED CHEESE TOMATO SOUP TRI TATERS	LOCAL BEEF HAMBURGERS FRIES 100% JUICE SLUSHIE	CHICKEN NUGGETS MASHED POTATOES/GRAVY FRESH BAKED ROLL	SWEET & SOUR CHICKEN BROWN RICE STEAMED BROCCOLI	