

Heartland Community Schools May Menu 2017

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

All Grains are Whole Grain Rich.

Fresh Fruit and Vegetable Bar Offered Daily with Lunch.

A Variety of Fruit and Juice are offered Daily with Breakfast.

A Variety of Low Fat and Fat Free Milk is Offered Daily with Breakfast and Lunch.

EGG TACO 1 STEAK FINGERS MASHED POTATOES GRAVY FRESH BAKED ROLL FRUIT &VEGETABLE BAR	FROSTED LONG JOHN 2 CHICKEN PATTY ON BUN BAKED FRIES STEAMED PEAS FRUIT &VEGETABLE BAR	EGG OMELET AND BISCUIT 3 MINI CORNDOGS BAKED BEANS STEAMED BROCCOLI FRUIT &VEGETABLE BAR	WAFFLES 4 PORK TENDERLOIN MASHED POTATOES GRAVY FRESH BAKED ROLL FRUIT &VEGETABLE BAR	PANCAKE WRAP 5 MAX STICKS MARINARA DIP STEAMED PEAS FRUIT &VEGETABLE BAR
CHOCOLATE CHIP MUFFIN 8 MANDARIN ORANGE CHICKEN STEAMED RICE BROCCOLI FRUIT &VEGETABLE BAR	EGG OMELET AND BISCUIT 9 COOK OUT! HAMBURGERS BAKED BEANS NATURES SKITTLES (FRESH FRUIT SALAD)	BREAKFAST PIZZA 10 FRENCH TOAST EGG &SAUSAGE PATTY TRI TATOR 100% JUICE FRUIT &VEGETABLE BAR	SAUSAGE BISCUIT 11 SPAGHETTI W/ MEATSAUCE GREEN BEANS FRESH BAKED BREADSTICK FRUIT &VEGETABLE BAR	EGG TACO 12 BBQ PORK SANDWICH BAKED FRIES 100% JUICE SLUSHIE FRUIT &VEGETABLE BAR
CHOCOLATE CHIP FRENCH TOAST 15 GRILLED CHEESE TOMATO SOUP TRI TATOR FRUIT &VEGETABLE BAR	WAFFLES 16 HOMEMADE PIZZA STEAMED CORN 100% JUICE SLUSHIES FRUIT &VEGETABLE BAR	EGG OMELET AND BISCUIT 17 SLOPPY JOES BAKED FRIES 100% JUICE SLUSHIES FRUIT &VEGETABLE BAR	MINI PANCAKES 18 CHICKEN NUGGETS MASHED POTATOES GRAVY FRESH BAKED ROLL FRUIT &VEGETABLE BAR	FROSTED LONG JOHN 19 HOTDOGS BAKED BEANS STEAMED BROCCOLI FRUIT &VEGETABLE BAR
BREAKFAST SURPRISE 22 CHICKEN FILET SANDWICH BAKED FRIES 100% JUICE SLUSHIES FRUIT &VEGETABLE BAR	23	24	25	26
29	30	31		

