

# Heartland Community Schools March Menu 2017

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

All Grains are Whole Grain Rich.

Fresh Fruit and Vegetable Bar Offered Daily with Lunch.

A Variety of Fruit and Juice are offered Daily with Breakfast.

A Variety of Low Fat and Fat Free Milk is Offered Daily with Breakfast and Lunch.

		BREAKFAST PIZZA 1 BBQ PORK SANDWICH FRIES 100% JUICE SLUSHIES	CHEESE OMELET 2 MAX CHEESE STICKS MARINARA SAUCE STEAMED PEAS	NO SCHOOL 3
FROSTED DONUT 6 SWEET & SOUR CHICKEN STEAMED RICE BROCCOLI	SAUSAGE BISCUIT 7 CHICKEN SANDWICH STEAMED PEAS FRIES	CHOCOLATE CHIP FRENCH TOAST 8 BBQ MEATBALLS STEAMED GREEN BEANS FRESH BAKED MUFFINS	PANCAKE WRAP 9 CHICKEN FRIED STEAK MASHED POTATOES/GRAVY FRESH BAKED ROLLS	CHICKEN & BISCUIT 10 GRILLED CHEESE TOMATO SOUP TRI TATORS
BREAKFAST PIZZA 13 SPAGHETTI W/ MEATSAUCE BOSCO STICK! STEAMED GREEN BEANS	EGG TACO 14 CHICKEN NUGGETS MASHED POTATOES/GRAVY FRESH BAKED ROLL	MINI PANCAKES 15 TACO SALAD STEAMED CORN MINI DONUTS	FROSTED LONG JOHN 16 TERIYAKI CHICKEN STEAMED RICE BROCCOLI	CHOCOLATE CHIP MUFFINS 17 FISH STICKS MAC & CHEESE STEAMED PEAS
NO SCHOOL 20	CHICKEN & BISCUIT 21 CORNDOGS BAKED BEANS BROCCOLI	WAFFLES 22 HAMBURGERS FRIES 100% JUICE SLUSHIES	BREAKFAST PIZZA 23 CHICKEN STRIPS MASHED POTATOES GRAVY FRESH BAKED ROLL	EGG & BISCUIT 24 PIZZA STEAMED CORN 100% JUICE SLUSHIES
FRESH BAKED CINNAMON ROLLS 27 CHICKEN ALFREDO BREADSTICKS BROCCOLI	CHOCOLATE CHIP MUFFINS 28 HOT DOGS BAKED BEANS CALIFORNIA BLEND VEGGIES	PANCAKE WRAP 29 BREAKFAST FOR LUNCH! FRENCH TOAST STICKS EGG PATTY SAUSAGE PATTY 100% JUICE MANDARIN ORANGES TRI TATORS	CHICKEN & BISCUIT 30 BEEF & NOODLES GREEN BEANS FRESH BAKED ROLL	EGG OMELET/TOAST 31 SWEET & SOUR CHICKEN NUGGETS BREADSTICK BROCCOLI

